

Facebook Help

Info directly provided by Facebook

Facebook is committed to creating a great experience for all people. Learn about the features and technologies that help people with disabilities, such as vision loss and deafness, get the most out of Facebook.

For more information, visit our [Accessibility Facebook Page](#) and follow [@fbaccess](#) on Twitter.

Navigation Assistant

How do I use navigation assistant?

Navigation assistant is a tool for people who rely on screen readers or keyboard shortcuts to get around Facebook. If you use a screen reader, navigation assistant is always the first element on the page, even when it can't be seen visually.

To open navigation assistant, **press alt + /** from any part of Facebook. You can also press **tab** to move focus from your browser toolbar to the webpage.

Moving around in navigation assistant

Navigation assistant is a menubar that contains 3 menus: **Sections of this page**, **Other pages on Facebook** and **Accessibility Help**.

- To move between the menus in the menubar, use the **left** and **right** arrow keys.
- To open a menu, press **enter** or **return**.

(NVDA: press space or return to activate selection)

Don't forget if you've moved to a Messenger Page you can go back to the Facebook page by pressing ALT + Left Arrow key, to go back again to Facebook Press ALT and Right Arrow key.

To move within a menu, use the **up** and **down** arrow keys. You can also use letter keys to jump to the next menu item that starts with that letter.

Using Sections of this page

The **Sections of this page** menu lists the landmark regions that are on the current page. All pages on Facebook are divided into large sections called landmark regions. Most pages on Facebook include a main content region. For example, if you're on your profile, the main content region includes your timeline. If a page on Facebook contains a main content region, it'll be listed as the first item under **Sections of this page**.

Some examples of other regions you may find under **Sections of this page** are **Search Facebook**, **Navigate Facebook** and **Create a post**.

To move your keyboard focus to one of the sections in the menu, press **enter** or **return**.

Using Other pages on Facebook

The **Other pages on Facebook** menu lists pages outside of your home page and News Feed. Some examples of pages you may find under this menu are **Profile**, **Notifications** and **Settings**.

To move your keyboard focus to one of the pages in the menu, press **enter** or **return**.

Using Accessibility Help

Accessibility Help lists accessibility resources on Facebook. These include information about keyboard shortcuts on Facebook, self-serve resources for accessibility features on Facebook, a [form to submit feedback about accessibility on Facebook](#) and updates from the Facebook Accessibility team.

Useful Links

Facebook Keys: <https://m.facebook.com/help/156151771119453?helpref=m-search&q=shortcut%20keys&sr=1>

Facebook Accessibility Home: <https://m.facebook.com/help/accessibility>

Facebook has shortcuts (access keys) for people who rely on their keyboards to navigate. Different web browsers (example: Firefox, Internet Explorer) may have different keyboard shortcuts.

Keyboard shortcuts only work if you aren't in a text box. If you have an issue while using keyboard shortcuts, please let us know.

Action Shortcuts

Some shortcuts help you do things such as like, comment or share something on Facebook. These shortcuts only use one keyboard key.

- **J** and **K** - Scroll between News Feed stories
- **enter/return** - See more of the selected story
- **P** - Post a new status
- **L** - Like or unlike the selected story
- **C** - Comment on the selected story
- **S** - Share the selected story
- **O** - Open an attachment from the selected story
- **/** - Search

- **Q** - Search chat contacts
- **?** - Open a list of these keyboard shortcuts while in News Feed

We also have shortcuts that help you navigate to different parts of Facebook, such as your timeline, notifications or settings. These shortcuts use key combinations that are specific to each web browser (example: Firefox, Internet Explorer) and a number key. **Key Combinations for Web Browsers** lists the combination of keys for different web browsers, and **Navigation Shortcuts** lists the number keys for each part of Facebook.

To use a navigation shortcut, replace **#** from the combinations below with the number key for where you want to go. For example, if you're using Safari for Mac and want to see your notifications, press **control + option + 5**.

Key Combinations for Web Browsers

- Internet Explorer for PC: Alt + #, then Enter
- Firefox for PC: Shift + Alt + #
- Safari for Mac: control + option + #
- Firefox for Mac: control + option + #
- Chrome for Mac: control + option + #
- Chrome for PC: Alt + #

Navigation Shortcuts

- 0 - Help
- 1 - Home
- 2 - Timeline
- 3 - Friends
- 5 – Notifications
- 6 – Settings
- 7 - Activity Log
- 8 - About
- 9 - Terms

Using Keyboard Shortcuts with Screen Readers

Most common screen readers (example: VoiceOver, JAWS) support Facebook's keyboard shortcuts automatically.

If you're using JAWS 16.0.2136 or higher, you first need to turn on Allow Web Application Reserved Keystrokes in the JAWS Settings Center or Quick Settings.

To turn on shortcuts for JAWS:

1. Use Insert + F2.
2. Select Run Settings Center.
3. Search for "web app."
4. Check the box next to Allow Web Applications Reserved Keystrokes. Make sure that you edit the default file.

AFB Facebook Info

AFB Link: <https://www.afb.org/aw/16/4/15469>

Facebook Accessibility for Users with Visual Impairments: What Facebook Wants You to Know

[Facebook](#) is an excellent way to keep in touch with friends and family. For users of computer and mobile access technologies, however, at times, there can be challenges. The company continuously evolves its products, which can introduce changes to screen reader flow. So, in order to help readers more fully enjoy their Facebook experience, we are excited to offer the following information.

Thanks to consumer feedback, and working with several organizations, including the American Foundation for the Blind (AFB), Facebook has taken accessibility to a whole new level. In July of 2011, the company formed the Facebook Accessibility Team to improve its support of accessibility across products. Recently, *AccessWorldspoke* with team founder, Jeff Wieland, and accessibility engineer Ramya Sethuraman, who offered us a top-10 list of things they'd like our readers to know about Facebook's accessibility program and products.

Facebook Offers Extensive Keyboard Navigation

For computer users who do not use a mouse, including most screen reader users, the main Facebook website makes extensive use of headings, landmarks, and lists, which can be easily navigated with your screen reader navigation keys. Additionally, the main Facebook website also offers an extensive roster of Access and Shortcut keys to help you navigate the site and quickly perform actions, such as liking, searching, and sharing.

Access Keys

"Access keys let you jump quickly from page to page [within Facebook] with a single key combination and without having to Tab down to or search for the appropriate control," says Wieland.

Key combinations vary by browser and/or system:

- Chrome for PC users combine the ALT key with the access keys listed below.
- IE users combine the ALT key with the access keys listed below, completing each command by pressing the Enter key.

- Firefox for PC users press Shift + ALT in combination with the access keys listed below.
- Mac users press Control + Option in combination with the command keys below.

Facebook Access Keys

Home

1

Timeline

2

Friends

3

Inbox

4

Notifications

5

Settings

6

Activity Log

7

About

8

Terms

9

Help

0

Shortcut Keys

Much the same way as most screen readers offer single-key navigation shortcuts to help you quickly find your way around a webpage, Facebook offers a number of single-key commands to perform various actions. Many of these shortcut keys conflict with browser keys, however, so for now, at least, you will have to either use your screen reader pass-through command, or turn off enhanced browser navigation (Forms Mode in JAWS, Focus Mode in NVDA, and Browser Mode in Window-Eyes).

"If you happen to be in an edit box, or on some other pop-up control, you may have to Tab away or close the dialogue before using the shortcuts," says Wieland.

Facebook News Feed Shortcuts

Scroll forward through News Feed stories

j

Scroll backward through News Feed stories

k

See more of the selected story

Enter/Return

Post a new status

p

Like or Unlike the selected story

l

Comment on the selected story

c
Share the selected story
s
Open an attachment from the selected story
o
Search
/
Search chat contacts
q
Open a list of these keyboard shortcuts while in News Feed
?

Facebook Messenger Shortcuts

Search conversations
CTRL + g
Show/hide keyboard shortcuts
CTRL + q
Archive/unarchive conversation
CTRL + Delete
Mark as spam
CTRL + j
Start a new message
CTRL + m
Go to Inbox
CTRL + i
Go to Other
CTRL + u

Facebook Is Making Photos and Videos More Accessible

"We're still rolling out the Dynamic Alt Text Generator to more products that will improve the accessibility of both photos and videos," says Wieland. "We gather all the metadata a user supplies and combine it to generate a caption that tells a more complete story about that." This [Facebook Design video](#) shows voicing for photos and videos before and after Dynamic Alt Text captioning.